

On the Menu



Today

Lunch - yakisoba, mustard-dill baked fish, country captain chicken, rice pilaf, mashed potatoes, glazed carrots, spinach, fried cauliflower

Dinner — stir fry beef and broccoli, pork chops with mushroom gravy, ovenbrown potatoes, rice, squash, asparagus, corn

Saturday

Lunch - country-style steak, fried shrimp, wild rice, au gratin potatoes, cauliflower combo, pinto beans, okra Dinner — sauerbraten, stuffed green peppers, rice pilaf, franconia potatoes, cabbage, carrots, corn o'brien

Sunday

Lunch — fried fish, chicken a la king, rice, baked potatoes, lima beans, cream corn, broccoli

Dinner — salisbury steak, baked chicken, jefferson noodles, mashed potatoes, black-eyed peas, mixed vegetables, green beans

Monday

Lunch — baked stuffed pork chops, chili mac, whitefish with mushrooms, steamed rice, parsley buttered potatoes, collard greens, carrots, brussels sprouts polonaise

Dinner - lasagna, roast veal, szechwan chicken, rice pilaf, potato wedges, stewed tomatoes, green beans, calico corn

Tuesday

Lunch — hungarian goulash, fried catfish, caribbean jerk chicken, rice, baked potatoes halves, succotash, asparagus, creole summer squash

Dinner - yankee pot roast, fried chicken, macaroni and cheese. mashed potatoes, bean combo, okra and tomato, cauliflower

Wednesday

Lunch - meatloaf, pork adobo, stir fry chicken and broccoli, rice filipino, mashed potatoes, peas and mushrooms, chinese cabbage, zucchini

Dinner — swedish meatball, lemonbasted sole, egg noodles, au gratin potatoes, scalloped corn, carrots, okra

Thursday

Lunch - chicken parmesan, roast turkey, fried fish, rice, mashed potatoes, herbed broccoli, italian-style beans, cauliflower

Dinner - apple-glazed corned beef, ham/tomato and macaroni, rice pilaf, boiled potatoes, carrots, cabbage, green beans

Yard of the Month

Master Sqt. Ronald Keur, his wife. Claudia and son Julian, 4, water the flowers in front of their home at 1267 Hodge Ave. The Keur's yard was named Yard of the Month for June by Chief Master Sqt. Harvey Hampton, 437th Airlift Wing Command Chief. While the yard requires hard work and a lot of time, Keur said it's worth it because it's a personal reflection of him and his family. The Keurs were previously selected as Home of the Week winners, and had to compete against three other yards to win the monthly award. According to the housing office, all base houses are looked at when selecting the Home of the Week winners.



Senior Airman Jason Smith